

# **SEASON SCHEDULES**

### CONDITIONING / DEVELOPMENT CAMPS

HCMHA will attempt to schedule (ice time permitting) conditioning and development camps at the start of each season prior to evaluations in September. Camps are not included in the registration fees and player participation is OPTIONAL.

During conditioning camp, the coaches will run the players through simple drills to get them ready for evaluations. Coaches will help the players through drills during the conditioning but will not be allowed to help once evaluations begin.

Throughout the season, HCMHA may schedule additional specific skills camps such as: goaltending, power skating, checking etc. The dates, times and additional costs (if any) will be communicated to association members throughout the season.

#### **EVALUATION PERIOD AND PROCESS**

Pre-season evaluations will be held during the month of September. When possible, HCMHA will use outside evaluators to make the teams. Please see "Player Evaluation and Team Selection Process" Policy for further information regarding this process.

## INTRO TO HOCKEY (U7 & U)

U7 & U9 play in a league based out of High River. This includes teams from High River, Okotoks, Vulcan, Nanton and Claresholm. A schedule will be created once registrations are final in the towns that participate in this league.

#### SEASON START / END DATES (U11 and above)

HCMHA will support the league October 1 to Family Day weekend in February and Provincial and Playoff schedules determined by CAHL and HA which is typically from the last weekend of February to March 31<sup>st</sup>.

### ICE EXPECTATIONS (may vary depending on numbers of teams)

U7: 2 shared ice practices per week / 1 weekend games

U9: 2 shared ice practices per week / 1-2 weekend games

U11: 2 shared ice practices per week / 1-2 weekend games

U13: 2 shared ice practices per week / 1-2 weekend games

U15: 2 full ice practices per week / 1-2 weekend games

U15: 2 full ice practices per week / 1-2 weekend games

Depending on numbers of teams registered and schedule conflicts; U15 and U18 teams may have 1 practice at Oilfields Arena in the morning