

High Country Minor Hockey Association - Box 1004 Turner Valley, AB T0L 2A0 www.highcountryrockies.ca

Welcome to another exciting season of Minor Hockey.

## What You Need To Do:

- Complete and sign the Registration Form
- If you have never registered for minor hockey anywhere in Canada please provide player's birth certificate number & a copy of the birth certificate
- Calculate your total costs using the Costs List Worksheet
- Fill out and return all forms
- Complete the Respect In Sport program online
- Attach a cheque for the Total Costs amount
- Attach a post-dated cheque to April 1, of next year in the amount of \$200/family as a volunteer bond (you will be contacted if the volunteer bond will be cashed or the cheque will be shredded at the end of the season)

#### **Once completed, PLEASE RETURN:**

- 1. Registration Form
- 2. All consent and medical forms
- 3. Copy of Respect In Sport Program Certificate
- 4. Cheque for registration fees
- 5. \$200 cheque for volunteer bond/ family
- 6. Birth Certificate Registration Number & copy of birth certificate (If this is your first time playing hockey)
- 7. Birth Certificate Registration Number, copy of birth certificate, and Parent Declaration Form (*If you played in another association last year*)

(Additional forms can be found on the website at www.highcountryrockies.ca)

Completed application packages can be returned via mail to:

High Country Minor Hockey Box 1004 Turner Valley, AB T0L 2A0

Registrations must be received by July 31.

Any registrations received after July 31 will be placed on a waiting list if teams are full HCMHA, at its discretion, may cap enrollment as teams reach capacity

# Fall Schedule Ice Expectations

Initiation:

2 shared ice practices per week / weekend games

Novice:

2 shared ice practices per week / weekend games

Atom:

1-2 shared ice practices per week / weekend games 1-2 shared ice practices per week / weekend games

Pee Wee: Bantam:

2 full ice practices per week / weekend games

Midget:

2 full ice practices per week / weekend games

Note:

We are a traveling association and will be playing league games within the CAHL.

Note:

Depending on numbers of teams registered and schedule conflicts; Bantam and Midget teams

may have 1 practice at Oilfields Arena in the morning.

## HIGH COUNTRY MINOR HOCKEY ASSOCIATION

## **Player Registration Form**

Circle which team your child will be registering for (Age as of December 31, of current hockey season)

	U 7	U 9	U 11	U 13	U 15	U 18
Age	5 and 6	7 and 8				15, 16 and 17
	2013-2014	2011-2012	2009-2010	2007-2008	2005-2006	2002-2003-2004
Fee	\$610.00	\$685.00	\$870.00	\$925.00	\$960.00	\$1015.00

Date

Signature of Parent or Guardian (only)

ACTIVITY	Cost per player	Multiplied by # of players	Total Cost
Registration Fees:	Regular fee		
U 7	\$610.00	Х	
U 9	\$685.00	Х	
U 11	\$870.00	Х	
U 13	\$925.00	Х	
U 15	\$960.00	Х	
U 18	\$1015.00	Х	
Conditioning Camp	FREE (paid by Faceoff the Foothills Atom Tournament)	X	
Total Registration Fees			
Volunteer Bond (team managers to advise expectations at beginning of season)	PLEASE DATE THIS CHEQUE FOR APRIL 1, OF THE NEXT YEAR		\$200.00

## **Respect In Sport Online Program**

Hockey Alberta has mandated starting the **2012/2013** hockey season that at least one parent or guardian of every player in Alberta takes the Respect in Sport program. This is an online program that can be found on the Hockey Alberta website <a href="www.hockeyalberta.ca">www.hockeyalberta.ca</a>. It takes about an hour to complete and cost is posted on the website. Once you have completed the course you will receive a certificate.

High Country Minor Hockey Association is requiring that we receive a copy of the certificate of completion by August 31, 2019.

You can either mail it to us at: Box 1004 Turner Valley, AB T0L 2A0

Or email a copy to: rockiesminorhockey@gmail.com

If we do not have a certificate of completion for the Program for your player(s) they will not be able to go on the ice until such time we receive a copy.

At the Boards discretion you may be asked to repeat this course.

In the spring of 2017, Hockey Alberta announced that – effective for the 2018-19 season – Parents and Coaches/Team Officials would be required to recertify their Respect in Sport every four seasons. The requirement to recertify comes into effect on May 1.

For the 2018-19 season, the requirement to recertify affects Parents and Coaches/Team Officials who completed their Respect in Sport certification prior to the 2015-16 season.

The Respect in Sport Parent Program helps define a standard of behavior for all parents and create a more rewarding, safe and respectful environment for everyone involved. Parents want to do a great job supporting their kids. Respect in Sport provides parents with the tools to do just that.

The Respect in Sport Activity Leader/Coach Program educates coaches and activity leaders to recognize, understand and respond to issues of bullying, abuse, harassment and discrimination. It may be the single most important training your leaders will receive to assist them in creating a safe, healthy and respectful environment for all participants. NOTE:

Speak Out is no longer recognized as a relevant program for Coaches.

As with any change, there will be questions. Enclosed with this Bulletin is an FAQ designed to assist Minor Hockey Association Registrars with the process of identifying those parents, coaches and team officials who are required to recertify, and contacting them to ensure they know about the recertification requirement.

A set of FAQs has also been designed for Parents, Coaches and Team Officials. It is available on the Hockey Alberta website under the Members tab, and any of your members with questions should be directed there. That FAQ will be updated as new questions are presented.

If you have any questions regarding required recertification of Respect in Sport, please contact the Hockey Alberta office, info@hockeyalberta.ca.



#### MEDICAL INFORMATION SHEET

Name:					Alternate emergency contact	ct (if	pare	nts ar	e not available)
Date of	birth: D	ay Month	Year		Name:				
Address					Relationship to Player:				
Address:							ell: ()		
Postal	Code:				Doctor's Name:				
Telepho	one: (	) Cell: (	)		Telephone: (		)		
Provinc	ial Heal	th Number (optional):			Dentist's Name:	_			
Parent	/Guardi	an #1: Name			Telephone: (		)		
		Business Phone Number:(	_)		Date of last complete physica	al exa	amina	tion: _	
Parent	/Guardi	<b>an #2:</b> Name							m it is recommended that they have a
	,	Business Phone Number:(			medical and that they also ha	ive ar	у тес	iical c	ondition or injury problem checked by
Please	check t	he appropriate response and provide	details bel	ow if yo	u answer "Yes" to any of the questions.				
Yes □	No□	Medication	Yes □	No□	Asthma	Yes	□ N	0 🗆	Health problem that would interfere with participation on a hockey team
Yes □	No□	Allergies	Yes □	No □	Trouble breathing during exercise	Yes	□ N	οΠ	Has had an illness that lasted more
Yes □	No□	Previous history of concussions	Yes □	No□	Heart Condition	103	_ "	0 🗖	than a week and required medical
Yes □	No□	Fainting or seizure during or after physical activity	Yes □	No 🗆	Palpitations or Racing Heart	Voc	□ N	٥П	attention in the past year  Has had injuries requiring medical
Yes □	No□	Near fainting or Brownouts	Yes □	No□	Family history of heart disease	163	□ IN	0 🗖	attention in the past year
Yes 🗆	No□	Seizures and/or epilepsy	Yes □	No□	Family history of unexpected death during physical activity	Yes	□ N	0 🗆	Been admitted to hospital in the last year
Yes □	No□	Wears glasses	Yes □	No 🗆	Family history of unexplained death of	Yes	□ N	0 🗆	Surgery in the last year
Yes □	No□	Are lenses shatterproof			a young person	Yes			Presently injured body part:
Yes □	No□	Wears contact lenses	Yes □	No 🗆	Diabetes – Type 1Type 2	Yes		_	Vaccinations up to date
Yes □	No 🗆	Wears dental appliance	Yes □	No 🗆	Wears medical information bracelet/necklace For what purpose?	10.			last Tetanus Shot:
Yes □	No□	Hearing problem				Yes	□ N	0 🗆	Hepatitis B vaccination
Plea	se give	details if you answered "Yes" to any	of the abov	e. (Use	separate sheet if necessary)				
l									
—									
Med	ications	:			Recent injuries:				
Alle	rgies:				Any information not cove	red a	oove:		
Med	ical con	ditions:							
Med	icat con	urcions.							
emerge physici	ency and a	that no one can be contacted, team r	nanagement	will arr	dvised of any change in the above informa ange to take my child to the hospital or a p necessary treatment of my child. I also au	hysic	ian if	deem	ed necessary. I hereby authorize the
Date: _		Signat	ure of Player	:				_	
Date: _		Signati	ure of Parent	or Gua	dian:			_	
					ockey Canada will be held solely for the purpo on and Electronic Documents Act as well as H				



High Country Minor Hockey Association

## **Town of Black Diamond**

# Oilfields Regional Arena (Indoor)

PO Box 10, Black Diamond, AB, T0L 0H0 611  $3^{rd}$  Street SW  $\sim$  Phone 403-933-5272  $\sim$  Fax 403-933-4842

## Please Read and Sign the Following Waiver

## TOWN OF BLACK DIAMOND (OWNER)

## RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT

By signing this document you will waive certain legal rights, including the right to sue.

I, the undersigned am aware that use of the Arena (including the License Area) involves inherent risks, dangers and hazards, including, but not limited to collision with Arena equipment, resurfacing equipment or other structures or objects used in connection with the Arena, impact or collision with other Users of the Arena, the failure to conduct one's activities within one's own ability, negligence of other Users of the Arena, additional risks arising out of competition, and negligence on the part of the Arena or its staff and I freely accept and assume all such risks, dangers and hazards and possibility of personal injury, death, property damage or loss resulting therefrom to me or my child.

In consideration of the Owner permitting my child to use the License Area within the Arena, I hereby agree as follows:

- a) TO WAIVE ANY AND ALL CLAIM that I (or my child) have or may have in the future against the Owner, its Councilors, officers, employees, agents and representatives (all of whom are hereinafter collectively referred to as the "Releasees");
- b) TO RELEASE THE RELEASEES from any and all liability for any loss, damage, injury or expense that my child or I may suffer or that my next of kin or legal representatives may suffer as a result of my use of the License Area, due to any cause whatsoever, INCLUDING NEGLIGENCE ON THE PART OF THE RELEASEES;
- c) TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any property damage, personal injury to a third party or other financial loss or expense, including legal expenses and costs on a solicitor-and-his-own-client basis, resulting from the use of the License Area by me or my child: and
- d) That this Agreement will be effective and binding upon me, my child, our heirs, next of kin, executors, administrators and assigns in the event of my or my child's death.

Child(s) Name 1	Print Name	2. Print Name	
	that I, as parent/guardian with legal reserby agree to his/her release and waiv	sponsibility for the User which has signed abover as provided in the Agreement.	ve
Date Signed	Parent/Guardian Signature	Witness Signature	
obconstant was printed and the	Print Name	Print Name	Market 100

**AFFILIATED** 



Player:\_\_\_\_

You may withdraw your consent at any time by contacting the HCMHA Board of Director at <a href="mailto:rockiesminorhockey@gmail.com">rockiesminorhockey@gmail.com</a> .
Photograph/Media Consent:  I hereby provide consent to High Country Minor Hockey Association to photograph, video/audio tape, or interview by child, and to post this information on the HCMHA website, social media accounts, or in promotional materials/advertisements. I understand that this information posted on these sites could be copied, altered, or moved to another site by anyone who visits these sites.
YES, I consent for my child to be (check all boxes that apply):  Photographed and/or video/audiotaped by HCMHA  Interviewed by HCMHA
I hereby provide consent to High Country Minor Hockey Association to permit media and/or other outside organization to film, photograph, video/audiotape, or interview by child. I understand that this information may be collected, used, reproduced, or broadcast by media or an outside organization and this information could be copied, altered, or moved to another site by anyone who visits these sites.
YES, I consent for my child to be (check all boxes that apply):  Photographed and/or video/audiotaped by media
Interviewed by media
Please ensure that you have reviewed all the information above before signing.
PARENT/GUARDIAN SIGNATURE:
PARENT/GUARDIAN PRINTED NAME:
DATE:



#### Player Code of Conduct

HCMHA has implemented a Player Code of Conduct which all players and parents must agree to and sign on an annual basis. This agreement is effective from September 1st to August 31st the following year. A copy of this agreement can be below. No player will be allowed to participate in any HCMHA event or activity without completing this document.

Failure to comply with the Player's Code of Conduct will result in the disciplinary process as outlined in the HCMHA Policies and Procedures Manual.

Physical abuse of another person will carry indefinite suspension from all minor hockey events until reviewed by HCMHA for further discipline.

### Player Code of Conduct High Country Minor Hockey Association

The following is designed to act as a "Code of Conduct" and meant to serve as this associations guidelines for the management and protection of rights and privileges of all association members.

As a player in the High Country Minor Hockey Association (HCMHA), I shall be subject to the following **Code of Conduct, both on and off the ice.** Should I choose to break these codes, I understand that I will be subject to disciplinary measures, which may include: benching; suspension from practices and/or games; prohibition from skating; or dismissal from High Country Minor Hockey as well as those outlined in the HCMHA Policies and Procedures Manual.

Disciplinary measures may be administered by the team coaches or managers, or by a member of the HCMHA Board of Directors.

#### **Purpose of this Code**

This code of conduct is intended to promote and insure acceptable behaviour by person's involved with High Country Minor Hockey.

#### Fair Play Code for Players

- I will play hockey because I want to, not just because others or coaches want me to.
- I will play by the rules of hockey, and in the spirit of the game.
- I will control my temper fighting and "mouthing off" can spoil the activity for everybody.
- I will respect my opponents.
- I will do my best to be a true team player.



- I will remember that winning isn't everything that having fun, improving skills, making friends and doing my best are also important.
- I will acknowledge all good plays/performances those of my team and of my opponents.
- I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

#### **Definitions**

- "President" is defined as President of the High Country Minor Hockey Association.
- A "Person" is hereby defined as but not limited to, a player, coach, official, parent, spectator, association volunteer, association employee or team official.
- "Association" is hereby defined as the Board of Directors of High Country Minor Hockey and members at large.

#### High Country Minor Hockey will not tolerate – on ice or off ice:

- · Theft.
- Vandalism.
- Fighting.
- Bullying
- Cyberbullying
- Disrespect to referees, visiting hockey team officials or players, rink personnel, Person's, or any Hockey Officials.
- Abusive language or behaviour.
- Use of drugs, alcohol and/or tobacco.
- Use of chewing tobacco in the locker rooms.
- Poor sportsmanship.
- · Locker room "trashing".
- Unacceptable behaviour or harassment.



#### **Definition of Unacceptable Behavior and Harassment**

An individual is displaying unacceptable behaviour if they are verbally, in writing, or physically harassing and/or abusing a game participant, Person, or association volunteer.

Harassment is defined as conduct, which is disrespectful, insulting, intimidating, humiliating, offensive or physically harmful to any Person or groups of Person's.

I agree to abide by this HCMHA Code of Conduct and accept that any violation of this document will result in disciplinary measures as outlined in the HCMHA Policies and Procedures manual.

Signed as agreed on this	day of		, 20
PLAYER Print Name	- <u>-</u> .	Signature	
GUARDIAN/PARENT Print Name	- <del>-</del>	Signature	



#### Parent/Guardian Responsibilities and Code of Conduct

#### PARENT/GUARDIAN RESPONSIBILITIES

Parent (or guardian) responsibilities are centered on commitment and support to the player, the sport of hockey, the association and the community. You as a parent, have not only made a commitment to your child, but have made a commitment to the coaching staff and the other players/families on a team that are counting on your child's commitment to the team. It is difficult for a coach to develop a team when some players are continually missing practices and/or games. Hockey is a TEAM sport; each player is a valuable member and contributes to the team and to the development and enjoyment of each player on the team. The team also relies on parents to assist the team throughout the season in various volunteer roles, fundraising and to serve as positive support and encouragement to players before, during and after games and practices. HCMHA will not tolerate disrespectful, obscene or obnoxious parents or fans. Such individuals will be subject to disciplinary action as outlined in the HCMHA Policies and Procedures Manual.

Parents are expected to follow the guidelines, policies and procedures set out by HCMHA. These processes are put in place to provide consistency and this is essential for providing the foundation to a successful association. Individuals that refuse to participate or follow the directives of the programs, policies/procedures set by HCMHA may result in disciplinary actions as outlined in the HCMHA Policies and Procedures Manual.

Hockey is a privilege, not a right and player registration can be refused.

#### PARENT/GUARDIAN CODE OF CONDUCT

HCMHA has implemented a Parent's Code of Conduct which all parents must agree to and sign on an annual basis. This agreement is effective from September 1st to August 31st the following year. A copy of this agreement can be found below. No player will be allowed to participate in any HCMHA event or activity without this form signed. Each form, whether signed by 1 parent/guardian or both, is applicable to all family members and guests of the family.

Failure to comply with the Parent's Code of Conduct will result in the disciplinary process as outlined in the HCMHA Policies and Procedures Manual.

Physical abuse of another person will carry indefinite suspension from all minor hockey events until reviewed by HCMHA for further discipline.



### Parent/Guardian Code of Conduct High Country Minor Hockey Association

I/We,	, agree to this Parent/Guardian Code
of Conduct for my child's team operating under the	he guidelines of the High Country Minor
Hockey Association (HCMHA) for thes	season understand and fully agree to the
following conditions:	

- 1. HCMHA strictly enforces the 24 hour rule for dealing with conflicts/communication. See HCMHA Policy and Procedures for more detailed explanation/break down.
- 2. I/We will not force our child to participate in sports.
- 3. I/We remember that children participate to have fun and that the game is for the youth, NOT adults.
- 4. I/We will learn the rules of the game, policies and procedures, player evaluation and selection process of HCMHA.
- 5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials, volunteers and spectators at every HCMHA sporting event.
- 6. I (and my guests) will speak respectfully at all times to: spectators, players, coaches, volunteers and officials at any HCMHA event.
- 7. I (and my guests) will not engage in any kind of unsportsmanlike or disrespectful conduct at any time with any official, coach, facility attendant, player, volunteer or parent such as: booing, taunting, yelling, bullying, harassment, insulting, swearing and using profane language or gestures.
- 8. I/We will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- 9. I/We will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- 10. I/We will ask that our child treat others with respect (how they want to be treated), regardless of race, creed, color, sex or ability.
- 11. I/We will teach our child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- 12. I/We will praise our child for competing fairly and trying their hardest, and make my child feel like a winner.



- 13. I/We will never ridicule or yell at a child or other participants for making a mistake or losing a competition.
- 14. I/We will emphasize skill development and practices and how they benefit my child over winning.
- 15. I/We will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
- 16. I/We will demand a sports environment for my child that is free from drugs and public intoxication, I will refrain from their use at all sporting events.
- 17. I/We will make every effort to ensure that my child will be at all practices and games. In the event that my child is unable to attend an event, I will communicate this to the appropriate coaching staff or manager.
- 18. I/We will make every effort to support HCMHA and my child's team in fulfilling volunteer and fundraising obligations.
- 19. I/We agree to follow, abide and respect all of the by-laws, policies/procedures and rulings of HCMHA and its Executive and appointed committees, Central Alberta Hockey League and Hockey Alberta.
- 20. I/We understand that any violation of this document will result in disciplinary actions as outlined in the HCMHA Policies and Procedures.

Date:	
PLAYER's Name:	
PLAYER's Team :	
2 <sup>nd</sup> PLAYER'S Name:	
2 <sup>nd</sup> PLAYER'S Team:	
Parent/Guardian Name:	
Parent/Guardian Signature:	
Parent/Guardian Name:	
Parent/Guardian Signature:	
By signing this document, I agree to also be responsible for any guests	or family members that
are associated to my child, and their actions at any HCMHA event.	